

September/ October 2011



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Austin LPA, Inc.  
c/o Alexis Montgomery  
The Verdict! Editor  
The Verdict! Is a bi-monthly publication of Austin Legal Professionals Association, Inc.  
The opinions expressed in this publication are those of the writers and not necessarily those of the editor, this association, or its members.

# The Verdict!

## AUSTIN LEGAL PROFESSIONALS ASSOCIATION, INC.

Parliamentarian's Message  
By Alexis Montgomery

"Lest We Forget" is NALS' theme for this year's Court Observance Week which is observed from October 10 through 14. The phrase "Lest We Forget" is from the refrain of the "Recessional," a poem written by Rudyard Kipling in 1897. The phrase then became common after World War I and was linked to Remembrance Days throughout the United States and Europe. It became a plea not to forget past sacrifices. Today the phrase is often used to remember all of the fallen heroes from the horrific events of September 11, 2001. [LestWeForget.org](http://LestWeForget.org) was started by a group of veterans who believe in patriotism. Their operating principal is "to brighten the future, we must illuminate the past."

In 1974, President Gerald Ford issued Proclamation 4327 establishing National Legal Secretaries' Court Observance Week, stating "[w]ithout these unsung heroes of the legal process, the wheels of justice would grind to a permanent halt." In addition, our very foundation is built on the three branches of government – the executive, the legislative, and the **judicial**. Think about it, where would we be today if we didn't have the judicial branch of government? Besides no jobs for any of us, can you imagine how problems would be solved? I for one, am thankful for our judicial branch and for my job, whether it be as a "secretary," "paralegal," "legal assistant," or "judicial assistant." So let us not forget the importance of both our job and our association.

In order "to brighten the future," Austin LPA continues to offer quality legal education by members of the Bar once a month during our Lunch and Learn meetings. If you feel any of the attorneys in your law firms would like to speak to us on a particular topic, I encourage you to talk to them and tell them about the benefits of your membership in Austin LPA and ask them to consider speaking to us at one of our luncheons on a topic they are most familiar with.

We must also "illuminate the past" by continuing to support our organization, no matter how long you have been a member. We all can benefit from one another's knowledge. Unfortunately, Austin LPA's membership has declined over the years. We need our more senior members to encourage younger members in their firms to join Austin LPA. We need those members who are considering abandoning their membership to rethink the benefits we have to offer – not only to you, but to your law firm and to your community. We encourage you to revisit our various websites ([www.nals.org](http://www.nals.org); [www.texasalp.org](http://www.texasalp.org); and [www.austinlpa.org](http://www.austinlpa.org)) to remind yourself of all the benefits.

# COURT OBSERVANCE WEEK 2011

**October 10-14, 2011**

**Theme: LEST WE FORGET**

Gerald Ford

XXXVIII President of the United States: 1974–1977

Proclamation 4327 – National Legal Secretaries’ Court Observance Week, 1974

October 14, 1974

By the President of the United States of America

**A Proclamation**

*Our vast and complex system of justice cannot function without the skill and dedication of our Nation’s legal secretaries. Without these unsung heroes of the legal process, the wheels of justice would grind to a permanent halt. They deserve the praise, gratitude and respect not only of their employers but of the system which they serve so well. One way in which their employers can demonstrate their appreciation for jobs well done is by giving their legal secretaries greater opportunities to observe courtroom proceedings—to see more of the system in action.*

When President Gerald Ford made his National Legal Secretaries’ Court Observance Week proclamation in 1974, he established the basis for a tradition of recognizing the skill and dedication of our nation’s legal secretaries and the value of their contribution to the system we serve. That tradition has continued for 37 years, and this year’s theme – Lest We Forget – is intended to be a reminder not only of the tradition of recognizing legal professionals but also to remind us that we should take time to honor others whose dedication and sacrifice made a lasting impact on our everyday lives.

2011 is the tenth anniversary of the 9/11 offenses. Her remembrance of those events inspired NALS past-president Mary Burns, PP, PLS, to suggest this year’s theme. We encourage every member, chapter and committee to organize, publicize and participate in an event during the week of October 10–14 to promote the involvement of the legal professionals in our court system and to honor the memory of those lost on September 11, 2001. One way we can refresh our remembrance of the 9/11 legacy is to review H. R. 3162 enacted October 24, 2001, titled “Uniting and

Strengthening America by Providing Appropriate Tools Required to Intercept and Obstruct Terrorism (USA PATRIOT ACT) Act of 2001.” It is landmark legislation. It enhances national security but also compromises many personal rights that we have taken for granted in the past. TSA searches at airports, compromised privacy protections, relaxed standards for government interception of oral and electronic communications, roving surveillance authority... we’re all affected.

What can you do to get involved? Get a committee together with your local chapter mates to coordinate and promote a courthouse tour. Plan a CLE event featuring an effect of the USA PATRIOT Act. Need more ideas? Network with your NALS friends, or search the internet to learn what other chapters have done in the past. A search using the term “court observance week” will produce several useful links. And while you’re online, take time to read the full text of both President Ford’s proclamation at <http://www.presidency.ucsb.edu> and the USA PATRIOT Act at <http://epic.org/privacy/terrorism/hr3162.html> ...lest we forget.

Reprinted from [www.nals.org](http://www.nals.org)

# More Opportunities for Knowledge

## LOCAL CONTINUING LEGAL EDUCATION:

- September 13 Austin LPA Lunch and Learn  
"Black Robe Disease: Treatment and Recovery" by the Honorable Ken Law  
Austin Bar Association, 816 Congress Avenue, 7<sup>th</sup> Floor, 12:00 p.m.
- October 25 Austin LPA Lunch and Learn  
"Lest We Forget: An Attorney's Personal Perspective on Military Service" by  
Bane Phillippi, Haynes and Boone LLP  
Austin Bar Association, 816 Congress Avenue, 7<sup>th</sup> Floor, 12:00 p.m.

NOTE TO ALL MEMBERS: Please mark your calendars correctly.  
This is a the last Thursday in October.

## STATE, REGIONAL, AND NATIONAL CONFERENCES:

- September 30- October 1 *Texas ALP Fall Educational Conference*  
Holiday Inn Express, Waco, Texas [www.texasalp.org](http://www.texasalp.org)
- October 13-16 *NALS Professional Development & Education Conference*  
Hyatt Regency Cincinnati, Cincinnati, Ohio [www.nals.org](http://www.nals.org)
- March 1-3 (2012) *NALS 2012 Professional Development and Education Conference*  
Double Tree Hotel, Tulsa, Oklahoma [www.nals.org](http://www.nals.org)
- May 4-5 (2012) *Texas ALP 57<sup>th</sup> Annual Education Conference*  
Drury Inn, San Antonio, Texas [www.texasalp.org](http://www.texasalp.org)

## NALS ONLINE LEARNING CENTER:

- September 6 Online Study Group – ALS Review (8:00 p.m. CST; [www.nals.org](http://www.nals.org))
- September 7 Online Study Group – Estate Planning / Family Law (8:00 p.m. CST;  
[www.nals.org](http://www.nals.org))
- September 13 Online Study Group – PLS Review (8:00 p.m. CST; [www.nals.org](http://www.nals.org))
- September 20 Online Study Group – PP Review (8:00 p.m. CST; [www.nals.org](http://www.nals.org))
- September 21 Online Study Group – Test Taking Tips (8:00 p.m. CST; [www.nals.org](http://www.nals.org))
- September 24 NALS Certification Exams – **GOOD LUCK!!**

# SIX FUNNY LIFE LESSONS

*This was posted back on the Internet in April, 2007. Shortly after, people liked it so much it got to the front page of the website of [www.Digg.com](http://www.Digg.com). Until this day, many people come and read these lessons every day. Be sure and pay close attention to each moral. Enjoy!*

**Lesson 1 - Naked Wife:** A man is getting into the shower just as his wife is finishing up her shower when the doorbell rings. The wife quickly wraps herself in a towel and runs downstairs. When she opens the door, there stands Bob, the next door neighbor. Before she says a word, Bob says, "I'll give you \$800 to drop that towel." After thinking for a moment, the woman drops her towel and stands naked in front of Bob.

After a few seconds, Bob hands her \$800 dollars and leaves. The woman wraps back up in the towel and goes back upstairs. When she gets to the bathroom, her husband asks, "...Who was that?" "It was Bob the next door neighbor," she replies. "Great!" the husband says, "Did he say anything about the \$800 he owes me?"

- ✓ *Moral of the story:* *If you share critical information pertaining to credit and risk with your shareholders in time, you may be in a position to prevent avoidable exposure.*

**Lesson 2:** A sales rep, an administration clerk, and the manager are walking to lunch when they find an antique oil lamp. They rub it and a Genie comes out. The Genie says, "I'll give each of you just one wish." "Me first! Me first!" says the administration clerk. "I want to be in the Bahamas, driving a speedboat, without a care in the world." Poof! She's gone. "Me next! Me next!" says the sales rep. "I want to be in Hawaii, relaxing on the beach with my personal masseuse, an endless supply of Pina Coladas and the love of my life." Poof! He's gone. "OK, you're up," the Genie says to the manager. The manager says, "I want those two back in the office after lunch."

- ✓ *Moral of the story:* *Always let your boss have the first say.*

**Lesson 3:** A priest offered a lift to a nun. She got in and crossed her legs, forcing her gown to reveal a leg. The priest nearly had an accident. After controlling the car, he stealthily slid his hand up her leg. The nun said, "Father, remember Psalm 129?" The priest removed his hand. But, changing gears, he let his hand slide up her leg again. The nun once again said, "Father, remember Psalm 129?" The priest apologized "Sorry sister but the flesh is weak." Arriving at the convent, the nun went on her way. On his arrival at the church, the priest rushed to look up Psalm 129. It said, "Go forth and seek, further up, you will find glory."

- ✓ *Moral of the story:* *If you are not well informed in your job, you might miss a great opportunity.*

**Lesson 4:** A crow was sitting on a tree, doing nothing all day. A rabbit asked him, "Can I also sit like you and do nothing all day long?" The crow answered: "Sure, why not." So, the rabbit sat on the ground below the crow, and rested.

A fox jumped on the rabbit and ate it.

- ✓ *Moral of the story:* *To be sitting and doing nothing, you must be sitting very high up.*

**Lesson 5 - Power of Charisma:** A turkey was chatting with a bull "I would love to be able to get to the top of that tree," sighed the turkey, but I haven't got the energy." "Well, why don't you nibble on my droppings?" replied the bull. "They're packed with nutrients." The turkey pecked at a lump of dung and found that it gave him enough strength to reach the lowest branch of the tree. The next day, after eating some more dung, he reached the second branch. Finally after a fourth night, there he was proudly perched at the top of the tree. Soon

he was spotted by a farmer, who shot the turkey out of the tree.

✓ Moral of the story: *Bullshit might get you to the top, but it won't keep you there.*

**Lesson 6:** A little bird was flying south for the winter. It was so cold the bird froze and fell to the ground into a large field. While he was lying there, a cow came by and dropped some dung on him. As the frozen bird lay there in the pile of cow dung, he began to realize how warm he was. The dung was actually thawing him out! He lay there all warm and

happy, and soon began to sing for joy. A passing cat heard the bird singing and came to investigate. Following the sound, the cat discovered the bird under the pile of cow dung, and promptly dug him out and ate him.

✓ Moral of the story: (1) *Not everyone who "shits" on you is your enemy; (2) Not everyone who gets you out of "shit" is your friend; and (3) When you're in deep "shit," it's best to keep your mouth shut!*



# LEGAL CAREER OPPORTUNITIES

We are now in mid-summer and hope everyone is staying cool. In the meantime, check out the cool job listings that have been posted on our website. These listings provide great opportunities and wonderful environments.



If you would like to post a job opening or if you are considering changing employers, please contact me and I can provide you with the contact information. One of the great benefits of being an Austin LPA member is our local career opportunity listings. They are for the benefit of NALS, Texas ALP, and Austin LPA members only. To see our current listings, please refer to our website at [www.austinpba.org](http://www.austinpba.org) and go to our Career Center. Thank you for your time and I look forward to hearing from you.

Mary Bernal / [mbernal@lglawfirm.com](mailto:mbernal@lglawfirm.com)

## COMMUNITY SERVICE

Austin LPA needs your help! Please join us on November 5, 2011, for the American Diabetes

Association's Stop Diabetes Step Out Walk. The registration and walk begin at the Tech Ridge Center (IH35 and Parmer Lane) and you may choose either a two mile or four mile loop. Watch for additional information from Austin LPA in the coming month.

Please see the brochure at the end of this issue for more information or you may contact Patti Heaney at [pheaney@vblp.com](mailto:pheaney@vblp.com). Austin LPA would like to make a difference with our Community Service Project this year. Thank you!



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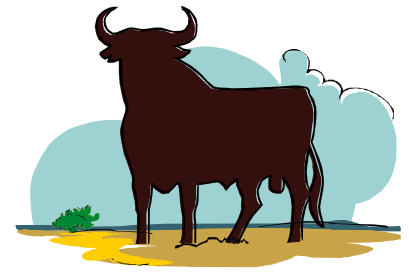
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## STAGNATION AMONGST CHAPTERS - WHERE'S YOUR QUERENCIA??



The following article is a reprint from the [www.nals.org](http://www.nals.org) website. Our membership this past year has declined to 53 members. Several years ago, we had over 100 members. What can we do to get them back? Perhaps some answers lie below. Finally, members who participate in the new NALS membership campaign can get their national dues waived! For more information, see page 9.

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I know. I know this is not new. Stagnation in our chapters is not new for you, nor for me; but, it is an issue. Where do we begin? Right here! Right now!

Where does your chapter fall into the following comments that were mentioned on our most recent Membership OLC chat:

- Too many older members who keep everything going.
- Members not wanting to be more involved than attending a meeting.
- Some firms do not pay dues and with economic times it is a hardship to pay dues.
- People taking on more than they can handle just to get their name up in lights but not following up with the tasks that it takes to make things really happen.
- We have several newer, younger members who are serving as officers, but they don't show up. They talk the talk, but never attend the CLE or other events.
- We have attendance at our lunch seminars but those attending do not join.
- No one wants to step up.
- I do not know if the current ten members will renew.

As hard as some of these issues sound, we can probably all relate to the majority of them, unfortunately.

In the big scheme of things, I wonder if stagnation can be associated with one thing — comfort zone or our “querencia.” In researching stagnation in chapters, I came across a 1999 quote from Carly Fiorina, former executive and president of Hewlett-Packard Co. that said, “in bullfighting there is a term called querencia. The querencia is the spot in the ring to which the bull returns. Each bull has a different querencia, but as the bullfight continues, and the animal becomes more threatened, it returns more and more often to his spot. As he returns to his querencia, he becomes more predictable. And so, in the end, the matador is able to kill the bull because instead of trying something new, the bull returns to what is familiar. His comfort zone.”

Where is our querencia?? Where is your chapter's comfort zone?? Where do you go back to regroup and figure out “what's wrong”?

Change it!! Shake it up!! Re-access it!! Then, adjust it.

That may be the place that holds the greatest threat to developing our chapters to the next level.

What you are currently doing, do something else - because "querencia" is designed to take us to where we are most comfortable. Right now, that may not be working for your chapter. If what you're doing is not gaining participation, is it really what others want?

We have to find that point of interest for members and meet them there. Sometimes, it's only attending meetings. But, begin to ask them to help you with small tasks that the two of you can work on together — kind of a mentoring and guiding.

We have to show current members the value of NALS. Sometimes they don't realize what we are offering. Sometimes it's as small as gaining a relationship with the members - one at a time - and allowing them to truly "see" your passion for NALS. They are watching more than they are hearing. With younger members, we can befriend them first, then talk about NALS, as it pertains to them. I say this because my local chapter has a younger member and I was her friend first, but, now, I'm there to answer, proof, etc. whatever she needs, when she needs it. She is one of our future leaders. She is a great NALS member. So, what are you showing??

As we were chatting, one member was having problems coming up with CLE ideas. Which may be common, but, NALS in its "bringing value to members" attitude has just launched the NALS Library. It is chock full of wonderful ideas from our members. It is an excellent resource and it's available to you! Check out the following link from Jay Moore's January 4<sup>th</sup> eNews mail: <http://services.nals.org/PortalTools/Membership/library.cfm>. Remember, you must log in as a member to access this wealth of information.

Having older members is definitely an asset to any association, as long as they are sharing what they know and not getting involved in the "issues." Although one of the responses were, "sometimes sharing isn't enough -- they (and I'm

including me) need to know when to step back and listen."

Unfortunately, the younger members may not see the value in showing up for meetings, but, like the idea of being a part of the association. Remember, they want to do things a bit differently than we do; but, guide the younger member and they will participate.

As far as dues are concerned, I'm a firm believer that if you want something passionately enough, you will make it happen — dues included. This is coming from the girl who initially wouldn't join NALS back in 2000 because her firm would only pay up to the amount that they paid for paralegals' dues, which was about \$65 less than NALS' dues. One day in 2001, I was complaining to my husband about this and he said, "what makes you think they want to invest in you, if you won't invest in yourself?" Those words hit home in a way that I never thought about before. I went to work that day and accepted the check from my firm for the portion they would pay and joined NALS in April 2001 and have never considered not being a part of NALS because of finances. NALS is an amazing association for the legal professionals and the legal community. Do you believe that??

Another comment was made, "younger members don't want to meet but if you have a community project or something where they can give back they are more willing to become involved." Interesting, but, this is true. The younger generation has that "let's go help" attitude. Help the homeless. Help the sick. Help the children. Help the abused. Help the strayed animals. Help. Who are you helping in your community as a chapter?

It doesn't have to be a "legal" community service. You not all legal, are you?? Don't you have a passion for something else? What would you "jump in front of" to help someone else that's not strong enough to do it themselves?

There's your community service. You'll be amazed as to how many others will hold your hand and jump with you to form the needed barricade around a cause. See, NALS is more than just legal - it's a relationship with members and potential members. They are watching.

On another note with the younger legal community, I think they are looking for something different. Meaning, not just meetings, but, maybe going out to lunch and show them that they are not just a number, but, you're interested in them, what they are dealing with and going through. Are you ready to mentor, without "mentoring?"

How can we begin to think past where we currently are, what are some dreams for our chapters?? What are we willing to dare and change?? Are we up for having "controlled" chaos in our lives, where it will allow us to anticipate a surprise in our local membership?

Try something that seems so out of the norm and run with it. What if we all focused on one new firm biweekly or monthly. Maybe send an email to the administrator or pick a secretary and begin a dialog about the legal industry that will lead to what you value about NALS. I know this can be a challenge, but, it may be worth gaining the freshness and newness in your chapter. These will be people that will only know what you are giving them as they probably don't know about NALS right now.

Stagnation is something that we will have, but, thinking out of the box will be our way out. Shaking it up — developing relationships — and sharing NALS.

So, can we say, the cure to stagnant chapters is networking and sharing?!

*By Tina Boone, NALS Membership Director  
Reprinted with Permission*



## **GET YOUR NATIONAL DUES WAIVED!!**

The "Engage 5" membership campaign is underway! Beginning March 1, 2011 and ending January 31, 2012, this campaign rewards the individual member who recruits 5 new members within the same membership classification. In other words, if you are a regular member who pays \$98 national dues then you must sign up five new members in that same classification. The new members must report you as their sponsor when they submit their application to NALS. Once all five new members have been recruited, the member must complete a Waiver of Dues Form (located on the nals.org website), listing all the new members and submit to the NALS Resource Center. After the form is received and new members confirmed, the recruiter will be notified and their national dues waived for the year (this excludes state and local dues).

If you are a Life Member or if the individual member's firm pays their dues, then NALS will give the member a \$98 credit voucher which can be used for conference registrations, store purchases, certification fees or WebEd seminars. The full face value of the voucher must be redeemed at the same time when submitted. No credit for unused amounts will be accepted.

Once you have Engaged 5 and your national dues have been waived, pay it forward. Tell the 5 members you recruited that they too can get the following year's dues waived if they sign up 5 new members. Let's spread the word about NALS and help grow our membership!

# VENDOR THANK YOU!

Austin LPA appreciates *all* of its corporate sponsors and the support they provide our Association. There are times when our corporate sponsors go beyond expectations and we would like to give those sponsors extra kudos. In this edition, we would like to spotlight **COURIER DEPOT** and **Robert Contreras** for their generous support. *Thank you* Robert and Courier Depot for your sponsorship of Austin LPA! Courier Depot was formed in 2000 to provide courier service to Austin area businesses. Courier Depot's combined staff has over 100 years of experience in courier services. Go to our Corporate Sponsors page at the end of The Verdict! for their contact information.

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## BIRTHDAY WISHES TO YOU!

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**Karen Christensen – September 13**

**Angela Dunn – October 19**

**Alexis Montgomery – October 19**

# COMMUNITY NEWS PAGE

## AUSTIN LPA, INC. 2011-12 MONTHLY CALENDAR

### July 2011

- 4 Independence Day
- 12 Lunch and Learn (Tenant/Landlord Issues)  
Austin Bar Association (noon)
- 16-17 Region 6 Conference  
Amarillo, Texas
- 22 Deadline to submit articles for The Verdict!

### August 2011

- 1 Registration deadline for NALS certification exam on September 24, 2011
- 4 Business Meeting - Thompson Coe (noon)
- 8-12 The Verdict! distributed
- 9 Lunch and Learn  
Austin Bar Association (noon)

### September 2011

- 5 Labor Day
- 13 Lunch and Learn ("Black Robe Disease")  
Austin Bar Association (noon)
- 23 Deadline to submit articles for The Verdict!
- 24 NALS certification exams (PP/PLS/ALS)
- 30 Texas ALP Fall Board Meeting  
Waco, Texas

### October 2011

- 6 Business Meeting - Thompson Coe (noon)
- 10 Columbus Day
- 11-14 The Verdict! distributed
- 13-16 NALS Education Conference and  
National Forum - Cincinnati, Ohio
- 25 Lunch and Learn ("Lest We Forget")  
Austin Bar Association (noon)

### November 2011

- 5 American Diabetes Walk
- 8 Lunch and Learn (Texas Lawyers Assistance)  
Program) Austin Bar Association (noon)
- 18 Deadline to submit articles for The Verdict!
- 24 Thanksgiving

### December 2011

- 1 Business Meeting - Thompson Coe (noon)
- 1 Call for Nominations for Austin LPA officers
- 5-9 The Verdict! distributed
- 13 Holiday Bazaar
- 15 MOY deadline to receive applications
- 15 Scholarship deadline to receive applications
- 25 Christmas
- 26 Holiday

### January 2012

- 1 New Year's Day
- 1 Registration deadline for NALS certification exam on March 3, 2012
- 2 Holiday
- 16 MLK Day
- 20 Deadline to submit articles for The Verdict!
- 24 or Recognition Dinner for MOY/Scholarship  
26 Recipients

### February 2012

- 1 MOY/Scholarship Deadline to forward  
applications to Texas ALP
- 2 Business Meeting - Thompson Coe (noon)
- 6-10 The Verdict! distributed
- 14 Lunch and Learn (Federal Court update)  
Austin Bar Association offices (noon)
- 14 Valentine's Day
- 20 President's Day

### March 2012

- 3 NALS certification exams (PP/PLS/ALS)
- 13 Lunch and Learn (EEOC/ADA Regulations)  
Austin Bar Association (noon)
- 16 Deadline to submit articles for The Verdict!

### April 2012

- 9-13 The Verdict! distributed
- 10 Lunch and Learn  
Austin Bar Association (noon)
- 19 Annual Meeting - Place TBD

NALS ONLINE Learning Center and WebEd Sessions; dates and topics vary; 8-9 p.m. CST  
(for more information visit [www.nals.org](http://www.nals.org)). For further information, forms, etc.,  
please visit the association websites at [www.austinlpa.org](http://www.austinlpa.org); [www.texasalp.org](http://www.texasalp.org); and [www.nals.org](http://www.nals.org).

If you have a posting for the Community News Page, please contact me at [alexismontgomery@austin.rr.com](mailto:alexismontgomery@austin.rr.com).  
Please remember, it is important that good communication occurs throughout our Chapter for our members to be  
aware of what is occurring in our profession and what events are coming up.

## 2011-2012 Leadership Roster

Office	Name	Email Address
President	Vacant	
President Elect	Vacant	
Vice President	Trudy Rush	<a href="mailto:trush@thompsoncoe.com">trush@thompsoncoe.com</a>
Recording Secretary	Vacant	
Treasurer	Gail Johle	<a href="mailto:gjohle@lglawfirm.com">gjohle@lglawfirm.com</a>
Corresponding Secretary	Mary Bernal	<a href="mailto:mbernal@lglawfirm.com">mbernal@lglawfirm.com</a>
Director	Patti Heaney, PLS	<a href="mailto:pheaney@vbllp.com">pheaney@vbllp.com</a>
Executive Advisor	Alexis Montgomery, PP, PLS, TSC	<a href="mailto:alexismontgomery@austin.rr.com">alexismontgomery@austin.rr.com</a>
Committee	Chairperson	Email Address
Bylaws & Standing Rules	Meri Nelson, PP, PLS, TSC	<a href="mailto:mnelson37@austin.rr.com">mnelson37@austin.rr.com</a>
Career Opportunities	Mary Bernal	<a href="mailto:mbernal@lglawfirm.com">mbernal@lglawfirm.com</a>
Certification	Fay Jordan, PP, PLS, TSC	<a href="mailto:fjordan@georgeandbrothers.com">fjordan@georgeandbrothers.com</a>
Financial Review	Alexis Montgomery, PP, PLS, TSC	<a href="mailto:alexismontgomery@austin.rr.com">alexismontgomery@austin.rr.com</a>
Member of the Year	Melissa Newkirk Resa	<a href="mailto:newkirkm@qtlaw.com">newkirkm@qtlaw.com</a>
Membership	Trudy Rush	<a href="mailto:trush@thompsoncoe.com">trush@thompsoncoe.com</a>
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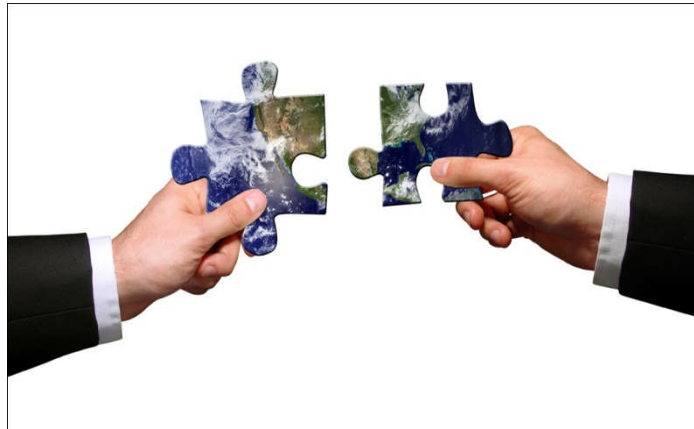
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**THANK  
YOU**

# STEP OUT | WALK TO STOP DIABETES™

 American Diabetes Association.

## 2011 Step Out: Walk to Stop Diabetes Fact Sheet

- THE EVENT:** 2 Mile or 4 Mile Loop  
Step Out: Walk to Stop Diabetes is part of the American Diabetes Association's Stop Diabetes<sup>SM</sup> movement and the signature fundraising walk taking place in 144 cities across the United States to help raise money to help change the future of diabetes. Participants will join the movement by registering and recruiting co-workers, friends and family members to walk and raise money. The day of the event is a party to celebrate the fundraising accomplishments of our teams and individual participants as well as an opportunity to promote awareness about diabetes in the local community and the Association.
- WALK CORPORATE RECRUITMENT CHAIR:** Jeremy Barclay, MHA  
COO, Cedar Park Regional Medical Center
- THE GOAL:** \$212,500
- DATE AND LOCATION:** November 5, 2011  
Tech Ridge Center  
IH 35 and Parmer Lane  
Registration Begins: 8:00 AM  
Walk Begins: 9:00 AM
- SPONSORS:** Walgreens, Cedar Park Regional Medical Center, Hardie's Fruit & Vegetable Co., The Austin Diagnostic Clinic, IntegReview, Beanitos, HEB, Austin Regional Clinic, Austin Jr. Volley Ball Association, Convio, and HealthSouth
- PURPOSE:** Monies raised through Step Out: Walk to Stop Diabetes will help fund research to prevent, cure and manage diabetes; deliver services to hundreds of communities; provide objective and credible information; and give a voice to those denied their rights because of diabetes.
- CONTACT:** Dori Yeater, Associate Manager 512-472-9838 ext. 6116 [dyeater@diabetes.org](mailto:dyeater@diabetes.org)  
<http://main.diabetes.org/austinstepout>



*The mission of the American Diabetes Association is to prevent and cure diabetes and to improve the lives of all people affected by diabetes.*